

UNIVERSITY OF MALTA
FACULTY OF THEOLOGY

Summer 2005 SESSION OF ASSESSMENTS

MRT 2870 Psychology and Spirituality

Tuesday, 31st May, 2005

9.15 am - 10.15 am

Answer ANY six questions EACH in not more than 150 words.

1. Maslow criticizes the concept of Science as being value-free. What does he mean?
2. Give a short definition of the following terms: Theology, Spirituality, Religion, Religious Experience.
3. Give a brief description of how either Freud or Watson (Behaviourism) or William James looked at Religion and/or Religious Experience.
4. What does Pastoral Psychology consist in? To what extent is it useful in helping persons in their spiritual growth?
5. Allport speaks of personality as a system open to the ultimate presuppositions. What does he mean by this?
6. Do you think that a psychologically healthier person is a holier person?
7. Give a brief description of a mature personal identity at the end of adolescence.
8. What is the process of individuation as described by C. G. Jung? Why would identity that is the result of a process of Individuation be different from that reached at the end of adolescence?
9. Give a brief description of Fowler's fourth stage of faith ("Individual-Reflective"). To what extent do you feel that you are in this stage already?
10. Some people may have a problem with trusting or with their self-image. How could this influence their spiritual life?
11. "Sometimes in prayer I feel like a child in God's arms. It comes to me to pray, 'Dear Lord, take good care of me!' But, naturally, this is nothing but my dependence and my lack of trust in myself. God has created me as an adult and with a mind that he wants me to use to the utmost. Only if I realize myself to the utmost would I be able to experience God to the utmost!" If you were the spiritual director of the person who utters these words, what would you draw his or her attention to?
12. What is the function of conscience and which are the three different levels of conscience according to Lawrence Kohlberg?